



## HELPING CHILDREN WITH CHANGE

### [Students at the Center](#)

This is an educational resource for military families, military leaders, school leaders and student leaders from The Department of Defense Education Activities Educational Partnership. It provides information on important policies, procedures, and best practices that are critical to supporting the educational needs of military families. It also includes information on military terms and acronyms.

### [Military One Source](#)

Military OneSource is a free service provided by the Department of Defense to support military members and their families with concerns like money management, spouse employment, education, parenting, relocation, deployment, and family members with special needs. Services are available 24 hours a day, 7 days a week from any location in the world.

### [Military Youth on the Move](#)

A wonderful resource that reaches out to youth with creative ways to cope with issues that arise in the face of a move, such as transitioning to a new school, saying goodbye to friends, and getting involved in a new community.

### [Staying Strong](#)

Staying Strong is designed to support the resilience of military-connected children and families through free on-line educational tools and guidance.

### [Sesame Street](#)

This site contains a host of multimedia and downloadable resources aimed at supporting military families during times of transition.

### [Anchored For Life](#)

A peer-to-peer club to connect youth while building change and resiliency skills. The club provides opportunities for peers to enhance social skills, learn leadership skills, build character, improve self-esteem, and integrate into their community. Youth will learn these change and resiliency skills using the Club features.

***The appearance of a website on this page does not imply official endorsement by the DoD; It is merely provided as resource for your convenience and consideration.***